

This book belongs to



History of your community





1) Find out how the Brownie uniform has changed over the years. Perhaps you could design your own Brownie uniform.



2) Find out about the history of your Pack. Help to organise a Pack birthday party.



3) Try at least three simple challenges from past Brownie programs.



4) Go on a historical walk around your local area.



5) Take part in an evening themed around someone of local historical significance.



6) Find out about a local ghost story. Either draw a picture of it or act it out.



7) Draw a simple family tree.



8) Take part in a theme evening based on a period of British history.



9) Play a game that was popular in Britain in the past.



10) Do another challenge based on the history of your community.

Colour the face next to the challenge you have completed.







Staying safe in the community





- 1) Learn the Green Cross Code. Design an outfit to wear when out walking or a cycle helmet.
- 00
- 2) Know what to tell your parents before going out, `and what to do if a stranger talks to you.

 Discuss basic self defence.
- (° °)
- 3) Know the order of the traffic lights and what each colour means. Make up a game or activity on this topic.
- 0 0
- 4) Play a game that teaches you about the potential dangers of plastic bags, medicines and pills, scissors and other sharp objects, and chemicals.
- 0 0
- 5) Know why you shouldn't play on railway lines. Discuss other placed in your neighbourhood which could be dangerous.
- 0 0
- 6) Do another challenge that will help you stay safe.





Knowing your community





1) Find out about local symbols and design your own coat of arms.



2) Make a six book.



3) Know where your county is on a British map, and where your town is on a county map.



4) Find out how many Rainbow, Brownie, Guide and Ranger groups there are in your district. Attend a district event.



5) On a map of the local area label any shops, telephone boxes, or parks. If possible go for a walk around the area.



6) Find out more about your fellow Brownies.



7) Know what an MP is and who your local MP is.



8) Know the flags that make up the Union flag.



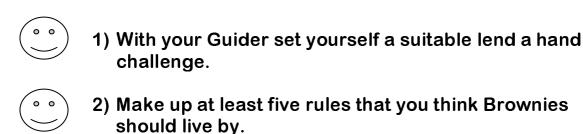
9) Play a game, attend a theme evening or make something using a craft from a country in the United Kingdom.

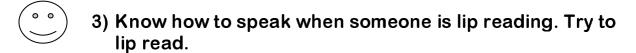


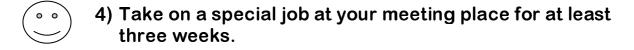
10) Do another challenge that will help you learn more about your community.

Colour the face next to the challenge you have completed.













5) Take part in a Brownie good turn.

- 8) Lay the table and help with the washing up.
- 9) Make a card for someone who needs cheering up.
 - 10) Do another challenge that will help people.





You can make things





1) Make a simple toy.



2) Make a simple puppet.



3) Draw or paint a picture.



4) Make a decorative bookmark.



5) Make a textured collage.



6) Learn three different stitches.



7) Make a piece of jewellery.



8) Weave an item.



9) Make something useful.



10) Make something else.







1) Remember a brief message to pass onto someone else.



2) Take part in a memory game.



3) Know your full address and telephone number.



4) Solve a puzzle that Brown Owl sets you.



5) Use a secret code to send a message to another Brownie.



6) Follow a trail.



7) Learn the four compass points and play a game using them.



8) Do another challenge to show that you are wide awake.







- $\left(egin{array}{c} \circ \ \end{array}
 ight)$ 2) Make a talent tree showing all the things you are good at.
- (◦ ◦) 3) Make a scrap book about your life.
- 4) Think of something about yourself that you could improve with practice and set yourself a goal.
- 5) Think of your favourite books. Make a poster or design a webpage about a book you would recommend to other Brownies.
- 6) Think of your favourite films. Make a poster or design a webpage about a film you would recommend to other Brownies.
- 7) Think of your favourite games. Teach one of them to the other Brownies.
- 8) Think of your favourite songs. Teach one of them to the other Brownies.
- 9) You have five senses sight, hearing, taste, touch and smell. Accept a challenge based on one or more of them.
- and colour a picture using the hand you do not normally use.
- 11) Do another challenge that helps you learn more about yourself.







1) Learn a traditional form of dance from another country.



2) Make a piece of artwork based on the art of another country.



3) Make a puppet from another culture.



4) Make a mask from another culture.



5) Make a craft from another culture.



6) Take part in a traditional performance from another country.



7) Learn how to greet people from three different countries in their traditional way.



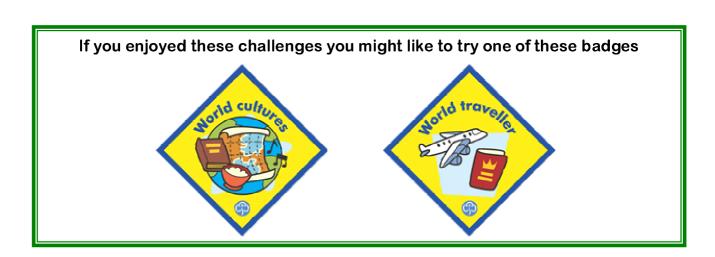
8) Take part in an activity that helps you learn about homes in another country.



9) Invite someone to your meeting whose culture is different from your own. Find out what things you have in common and what things are different.



10) Do another challenge based on another culture.





Guiding around the world





1) Find out why the 22nd of February is special in Guiding and take part in a Thinking Day celebration.



2) Find out about the Brownie uniform and Promise badge from another country.



3) Find out what Law and Promise is made by a Brownie in another country.



4) Learn a Brownie song from another country.



5) Play a Brownie game from another country.



6) Find out what WAGGS stands for and where the five Guiding regions are.



7) Find out where the five world centres are and make a jigsaw puzzle from a picture of one of them.



8) Send a letter to a Brownie in another country.



9) Take part in a theme evening that helps you learn more about Guiding in another country.



10) Do another Guiding around the world challenge.

Colour the face next to the challenge you have completed.





Celebrations around the world





1) Take part in an activity to celebrate the New Year of your own or another culture.



2) Take part in your own version of a civic celebration such as the Sienese Palio or Independence Day.



3) Take part in a theme evening based on a festival.



4) Make something to celebrate a festival.



5) Listen to or act out a story that is central to a celebration.



6) Learn a song that is sung at a festival.



7) Play a game from a festival.



8) Invite someone to your meeting to talk about a festival that they celebrate.



9) Cook and/or try something eaten at a festival.



10) Take part in another activity to celebrate a religious or civic festival.

Colour the face next to the challenge you have completed.





Issues around the world





1) Taste test some fair trade chocolate and find out what the fair trade symbol looks like.



2) Taste different types of clean safe water, such as tap water, filtered water, bottled water, etc. Think of all the times you use water. How could you use less water if there was a drought?



3) Find out about an organisation that helps people across the world. Draw the flag or symbol of the organisation.



4) Make up a short play about people arguing and then try not to argue with anyone for a week. What things can you do to help you stop arguing?



5) Play a game that isn't fair. How could you change the rules to make it fair?



6) Make something which includes a symbol for peace.



7) Take part in a 'peace' themed evening.



8) Find out about the lives of refugees.



9) Find out about children's rights in your country, and elsewhere in the world.



10) Do another challenge related to world issues.

Colour the face next to the challenge you have completed.





The planet and beyond





1) Take part in a space related theme evening.



2) Visit a planetarium.



3) Make a constellation telescope.



4) Play a game that helps you find out something about our solar system.



5) Look at the moon through binoculars or a telescope. What can you see?



6) Find out the names of the planets in our solar system.



7) Imagine aliens have landed on earth. They have sent you some objects and pictures about themselves and where they come from. Try to work out what their lives must be like.



8) Take part in an alien related wide game.



9) Draw or make a model of an alien.



10) Do another suitable challenge.

Colour the face next to the challenge you have completed.





Environmental issues





1) Make something decorative from things you would normally throw away.



2) Find out what can be recycled locally and ask whether you are recycling at home.



3) Find out about an endangered species. Why is it endangered and what can you do to help? Design a poster or write a poem about this endangered species.



4) Think of ways to save energy at home. See how many energy saving things you can do over the next week.



5) Take part in an activity that helps you to understand why trees are important and the effects of deforestation.



6) Know why you should not drop litter and make a poster to encourage others to put their rubbish in a bin.



7) Take part in an activity that helps you learn about fossil fuels and renewable energy sources. Know which are better for the environment.



8) Find out about one form of pollution and how it harms the environment.



9) Find out about the work of an environmental organisation such as Friends of the Earth.



10) Do another environmental challenge.





You are healthy





1) Act out a short play, make a poster or take part in a theme evening encouraging sun safety.



2) Take part in a messy activity that will help you discover how good you are at cleaning your hands.



3) Act out a short play, make a poster or take part in a theme evening encouraging people to look after their teeth.



4) Try some relaxation or meditation techniques.



5) Try some aerobic exercises or dancing. Know why it is important to start by warming up.



6) Make a healthy snack or play a game that will help you learn about the healthy eating food pyramid.



7) Make a fresh fruit salad or try a piece of fruit you have not tried before.



8) Find out why special confectionary exists for diabetics and/or vegans and try some diabetic and/or vegan chocolate.



9) Improve your skipping or throwing skills.



10) With an adult you know go for a walk or cycle ride.



11) Do any other challenge that will help keep you healthy.







1) Take part in an animal based theme evening.



2) Make a model of an animal.



3) Make a puppet of an animal.



4) Make a mask of an animal.



5) Play a new game about an animal or group of animals.



6) Perform a play about an animal(s).



7) Listen to a series of animal calls and guess which animal made which sound.



8) Find out about an animal charity.



9) Listen to a story from another country about animals. Either act out the story or play a game or make something related to it.



10) Do another animal related challenge.





Enjoying the natural world





1) Follow an outdoor trail.



2) Go on a pond-dipping expedition.



3) Make an instrument to measure one aspect of the weather such as rain or wind.



4) Grow some cress.



5) Make something using leaf or bark rubbing.



6) Go on an outing to the beach or a country park.



7) Take part in an enjoying the natural world theme evening.



8) Make bird cake.



9) Make something to eat using seasonal fruits.



10) Do another enjoying the natural world challenge.



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YOUR PROGRESS



You are Healthy You know yourself

You can make

You are wide

Helping your

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When you've completed a challenge colour the oak tree!

Different



YOUR PROGRESS



