



History of your community



1) Find out how the promise and promise badge have changed over the years. Design your own promise and promise badge.



2) Find out about the history of the Guiding movement. Either invent a game or activity or help organise a Brownie history evening.



3) Try at least three more complicated challenges from past Brownie programs.



4) Visit a place of local historical importance. Either make a poster to advertise it, or an activity sheet suitable for a Brownie visit.



5) Find out about someone of local historical importance. Either act out a play about them or write a letter or website to tell someone else what you have found out.



6) Find out about a local ghost story. Write a story or poem based on it, or act it out.



7) Find out about your family history. Draw as large a family tree as you can.



8) Help to organise a theme evening based on a period of British history.



9) Find out something about an event or period of history. Either make something related to that period, or perform a play set at the time.



10) Do another challenge based on the history of your community.

Colour the face next to the challenge you have completed.

If you enjoyed these challenges you might like to try one of these badges





Staying safe in the community



1) Know the difference between road signs that are circular, triangular and rectangular. Know at least one example of each.



2) Plan a fire escape route for your meeting place. Explain it to the other Brownies, and practice what you would do if there was a fire.



3) Know how to put a casualty in the recovery position. Discuss when you would do this, and when you should not.



4) Make up a game to teach younger Brownies about the potential dangers of plastic bags, medicines/pills, scissors/other sharp objects, and chemicals.



5) Know why you should never pick up surgical needles or touch someone else's blood.

6) Explain how to protect your home from burglary when everyone is away from home.

7) Do another challenge that will help you stay safe.

Colour the face next to the challenge you have completed.

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Knowing your community



1) Read a local legend and draw a picture or act it out.



2) Visit a local Guide unit.



3) On a map of Europe label Britain and three other countries. Draw the flag of the European Union and find out something about it.



4) Find out what district, division and county your Pack belongs to. Make a greetings card to send to another Pack.



5) Draw a map of the local area. Label places of interest: hospital, school, shops, library, post office, places of worship, police station.



6) Sample food from a local take away and taste test it.



7) Write a letter to your local MP on an issue that concerns you, or arrange to look round a building of political importance.



8) Know the patron saints and the national emblems of the countries in the United Kingdom. Learn the national anthem.



9) Learn a traditional dance from one of the countries in the United Kingdom.

10) Do another challenge that will help you learn more about your community.

Colour the face next to the challenge you have completed.

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Helping your community



- 1) With your Guider set yourself a suitable lend a hand challenge.
- 2) Find out what the country code is. Either make up a leaflet to show others how to behave in the country or make up a similar code for the area in which you live.
- 3) Learn to spell your name using either the BSL or Deaf-blind alphabet.
- 4) Help to wash your parent's or Guider's car.
- 5) Help organise a Brownie good turn.
- 6) Learn how to tie a reef knot and use it to tie a sling.
- 7) Cook some cakes or biscuits.
- 8) Help a younger Brownie with something.
- 9) Write a letter inviting a visitor, and thank them for coming.
- 10) Do another challenge that will help people.

Colour the face next to the challenge you have completed.

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You can make things



1) Make a toy.



2) Make a puppet.



3) Draw or paint using a material or technique that is new to you.



4) Make an ornament using clay or a similar material.



5) Make a story book for young children.



6) Sew a simple item.



7) Make a matching set of jewellery.



8) Learn how to knit or French knit.



9) Make something useful.



10) Make something else.

Colour the face next to the challenge you have completed.

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You are wide awake



1) Learn a poem or similar to recite to the other Brownies.



2) Take part in a more complicated memory game.



3) Be able to give someone directions to your local shop, telephone box and police station.



4) Solve a puzzle that Brown Owl sets you.



5) Invent a secret code and use it to send a message to another Brownie.



6) Lay a trail.



7) Learn the eight compass points and play a game using them.



8) Do another challenge to show that you are wide awake.

Colour the face next to the challenge you have completed.

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You know yourself



1) Make an abstract picture about yourself.



2) Find out about, and draw your family tree.



3) Write or draw a short autobiography.



4) Think of something about yourself that you could improve with practice and set yourself a goal.



5) Write a poem or review about the things you like, and the things you don't like.



6) Taste test some food.



7) If you were an animal, a plant, a country, a type of weather, or a type of food, decide which would you be and why?



8) Accept a challenge based on one or more of your senses.



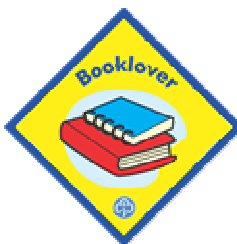
9) Find out what your finger prints look like. How do they differ from your friends?



10) Do another challenge that helps you learn more about yourself.

Colour the face next to the challenge you have completed.

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Different Cultures



1) Perform two traditional dances from another country.



2) Make a piece of artwork based on the art of another country.



3) Make a puppet from another culture.



4) Make a mask from another culture.



5) Make a craft from another culture.



6) Take part in a traditional performance from another country.



7) Learn how to introduce yourself in two languages other than your own.



8) Take part in an activity that helps you learn about one aspect of someone else's culture that differs from your own.



9) Does everyone in Britain share the same culture? Undertake an activity or hold a discussion based on this question.



10) Do another challenge based on another culture.

Colour the face next to the challenge you have completed.

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Guiding around the world



1) Find out where there are Brownies in other parts of the world and make a poster to show others.



2) Make a friendship circle showing the Brownie uniform of five different countries.



3) Find out what Law and Promise is made by Brownies in at least three other countries.



4) Find out about Brownie meetings in another country.



5) Try the clauses from a 'Brownie' badge that is not British.



6) Find out about projects that help members of the Guide association round the world.



7) Find out something about each of the five world centres and undertake an activity related to them.



8) Make a cassette tape for a Brownie in another country.



9) Help to organise a theme evening about Guiding in another country.



10) Do another Guiding around the world challenge.

Colour the face next to the challenge you have completed.

If you enjoyed these challenges you might like to try this badge





Celebrations around the world



1) Help to organise an activity to celebrate the New Year of your own or another culture.



2) Help to organise or lead a group during your own version of a civic celebration such as the Sienese Palio or Independence Day.



3) Help to organise a theme evening based on a festival.



4) Make something to celebrate a festival.



5) Find out the history or religious context behind a celebration.



6) Perform at least two songs that are sung at a celebration.



7) Take part in an activity from a festival.



8) Invite someone to your meeting to talk about a festival that they celebrate. Write the invitation and thank them at the end.



9) Cook something eaten at a festival.



10) Take part in another activity to celebrate a religious or civic festival.

Colour the face next to the challenge you have completed.

If you enjoyed these challenges you might like to try this badge





Issues around the world



1) Find out what fair trade is and why it helps people to buy fair trade chocolate. Perhaps you could perform a play to show others what you have found out, or help to organise a fair trade taste testing session for your Pack.



2) In some parts of the world clean water is difficult to get hold of. Find out about a charity or initiative that tries to help. Perhaps you could have a water themed evening.



3) Find out about an organisation that helps people across the world. Either invite someone to talk about the work of the organisation or help to raise money for it.



4) Find out about the work of the United Nations or another similar body.



5) Make up a game. Before you start to play make up five rules so that everyone can play fairly.



6) Find out about an organisation that promotes world peace.



7) Help to organise a 'peace' themed evening.



8) Discuss how wars can start and the effect war has on people's lives.



9) Find out about human rights in your country, and elsewhere in the world.



10) Do another challenge related to world issues.

Colour the face next to the challenge you have completed.

If you enjoyed these challenges you might like to try this badge





The planet and beyond



1) Help plan a space related theme evening or game.



2) Visit a planetarium.



3) Perform a play that tells the story behind one of the constellations.



4) Play a game that helps you find out something about the universe.



5) Find out the names given to the phases of the moon.



6) Find out something about the planets in our solar system.



7) Imagine aliens have landed on earth. Gather a collection of objects or make a scrap book that would tell them something about our planet.



8) Help to lead your team in an alien related wide game.



9) Make an alien puppet.



10) Do another suitable challenge.

Colour the face next to the challenge you have completed.

If you enjoyed these challenges you might like to try this badge





Environmental issues



1) Make something useful from things you would normally throw away.



2) Find out why recycling can be good for the environment.



3) Find out about an endangered species. What organisations exist to help prevent its extinction? Help to raise some money for one of these organisations.



4) Try to save energy at home. Calculate how much energy you have saved over a week.



5) Either plant a tree in your local area or raise money for an organisation that helps protect woodland.



6) Factories often produce lots of waste and pollution. Write to a local factory and find out what they are doing to help protect the local environment.



7) Invite someone to your meeting to talk about renewable energy sources.



8) Find out what is being done to stop one form of pollution.



9) Find out about a current environmental campaign and what you can do to help.



10) Do another environmental challenge.

Colour the face next to the challenge you have completed.

If you enjoyed these challenges you might like to try one of these badges





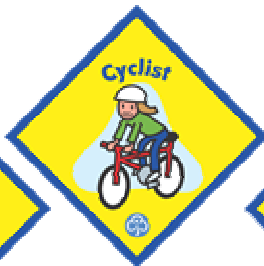
You are healthy



-  1) Play a game to discover some of the effects drugs can have on the body.
-  2) Investigate different products that will keep your skin and hair clean. If possible invite an expert to your meeting.
-  3) Invite a doctor, dentist or someone similar to your meeting.
-  4) Find out why young women often have mood swings and discuss or role play strategies for dealing with strong emotions.
-  5) Learn how to lift heavy objects correctly.
-  6) Play a game to discover more about nutrition and why diets without certain foods can be dangerous.
-  7) Taste test some vegetarian or vegan food and discuss whether a vegetarian or vegan diet is healthy or unhealthy.
-  8) Be aware that eating or touching some food can cause people who are allergic to be very ill. Discuss how to get emergency help and investigate product labels.
-  9) Make up a three minute keep fit routine.
-  10) Try a new sport such as ski-ing or ice skating.
-  11) Do any other challenge that will help keep you healthy.

Colour the face next to the challenge you have completed.

If you enjoyed these challenges you might like to try one of these badges





Animals around the world



- 1) Help to organise an animal based theme evening.
- 2) Find out at least five facts about a nocturnal animal. Undertake an activity related to them.
- 3) Find out at least five facts about an animal that lives in the sea. Undertake an activity related to them.
- 4) Find out at least five facts about an animal that lives in another country. Undertake an activity related to them.
- 5) Find out at least five facts about an amphibian or reptile. Undertake an activity related to them.
- 6) Find out at least five facts about one of your favourite animals. Undertake an activity related to them.
- 7) Find out what tracks different animals make and see if you can spot any. If possible make a plaster cast of a track.
- 8) Raise some money for an animal charity or visit an animal sanctuary.
- 9) Find out about animals that are important to people from another culture.
- 10) Do another animal related challenge.

Colour the face next to the challenge you have completed.

If you enjoyed these challenges you might like to try one of these badges





Enjoying the natural world



- 1) Take part in an outdoor treasure hunt or incident hike.
- 2) Go for a walk along a river or by the coast.
- 3) Go for a walk through fields, across hills or in a town or village.
- 4) Grow a plant from seed.
- 5) Make something using a natural material.
- 6) Take part in bird or bat spotting.
- 7) Help to organise an enjoying the natural world theme evening.
- 8) With an adult you know build or plant something for garden wildlife.
- 9) Be able to identify at least three different flowers, trees and fungi.
- 10) Do another enjoying the natural world challenge.

Colour the face next to the challenge you have completed.

If you enjoyed these challenges you might like to try one of these badges



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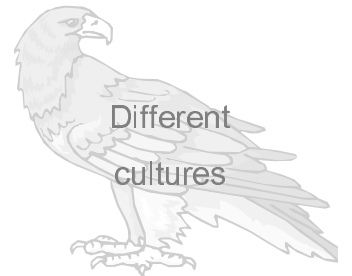
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YOUR PROGRESS



When you've completed a challenge colour the eagle!





YOUR PROGRESS



When you've completed a challenge colour the kestrel!